

Montana Super Skippers' Spring Summer News Letter 2009

What is it about jumping rope that is fun? Is it because it is a challenge? Is it because your hands have to do one thing while your feet do another? Is it not enough just to do basic bounce instead of having to try to make a double under, a triple or even a quadruple? Is it about teamwork? Or maybe it is about the friendships that are made. Whatever the reasons, jumping rope is a great sport.

The Fall Skill Building Session had over 45 jumpers who participated. The session concluded at the end of January, after two dazzling university basketball performances. Way to Go Jumpers!

A current Winter Skill Building session is underway. Over 30 Jumpers are working on improving their single rope, double dutch, and long rope skills. The gym is a jumping on Wednesdays!

On January 27th Members of the team traveled to Belegrade and Bozeman where they performed for Heck-Quaw, Emily Dickinson, and Longfellow Elementary schools. This was followed by a Lady Bobcat performance on Saturday.

Spring brings Colorful Ribbons!

The Montana Super Skippers, team of Rachelle K., Brittney W., Kylee M., Tavin R., Olivia D., Jaylssa S., Sydney S., Erin W., Riley W., Tori S., Gilia P., Shea M., Kala W., Allie T., Mayah V., Maura W., Jordan M., Maddie T. and Cameron S. traveled to Boise March 20th to compete against Proforme Airborne of Rexburg, ID, Just Jump of Logan, UT, and The Summerwind Skippers of Boise, ID in the USA Jump Rope Regional tournament. These girls have been practicing 3-4 days a week since September and their hard work and perseverance has paid off. The following jumpers have qualified to compete at USA jump rope's National tournament in Galveston, TX June 25th-28th. Brittney W., Erin W., Riley W., Tori S., Gilia P., Shea M., Kala W., Allie T., Mayah V., Maura W., Jordan M., Maddie T., and Cameron S. Congratulations !!!!

Results from the tournament are:

1 minute speed

11-12

1st Maddie T. 300

2nd Mayah V. 296

13-14

3rd Shea M. 302

15-17

3rd Riley W. 318

18+

1st Erin W. 318

50+

1st Jim W. 284 **New National Record**

Single Rope Speed Relay

11-12

3rd Maura W., Jordan M., Cameron S., Maddie T. 541

13-14

2nd Shea M., Mayah V., Allie T., Kala W., 626

18+

2nd Erin W., Riley W., Gilia P., Tori S. 673

Double Dutch Speed Relay

11-12

3rd Maddie T., Jordan M., Brittney W. 362

5th Jalyssa S., Olivia D., Rachelle K. 315

13-14

3rd Allie T., Mayah V., Maura W., 504

15-17

2nd Tori S., Gilia P., Riley W. 547

Double Dutch Pairs Speed

11-12

3rd Maddie T., Jordan M., Brittney W.,

Cameron S., 354

5th Jalyssa S., Olivia D., Rachelle K., Sydney

S. 265

13-14

3rd Allie T., Mayah V., Maura W., Shea M.

589

18+

3rd Gilia P., Riley W., Kala W., Erin W. 671

3minute Single rope speed

11-12

3rd Mayah V., T. 748

4th Maddie T., 720

15-17

2nd Riley W. 830

18+

1st Erin W. 867

50+

1st Jim W. 744 New National Record

Triple unders

15-17

1st Riley W. 108

3rd Gilia P. 82

18+

1st Erin W. 182

Single rope freestyle

10 under

2nd Cameron S.

11-12

2nd Mayah V.

15-17

3rd Gilia P.

4th Riley W.

18+

3rd Erin W.

Partners Single rope Freestyle

11-12

4th Mayah V., Maddie T.

15-17

1st Tori S., Riley W.

18+

4th Kala W., Erin W.

Double dutch single freestyle

11-12

5th Maddie T., Jordan M., Cameron S.

15-17

1st Gilia P., Riley W., Tori S.

18+

4th Kala W., Erin W., Shea M.

Double Dutch Pairs Freestyle

12 and under

3rd Maddie T., Jordan M., Cameron S.,

Brittney W.

5th Jalyssa S. Rachelle K., Kylee M., Sydney

S.,

18+

2nd Erin W., Riley W., Gilia P., Kala W.

Upcoming events

Tentative: Workshop May 16th, check website for details

Tentative Run & Jump in June

check website for details

Summer Camp Fun!!!!

June 15th ~ 18th

9 till 12

Rattlesnake School Gym

Cost \$100

Includes rope and T-shirt.

Call Bev at 360-9469 to

register

Our Sponsorship Drive is

underway and we want to Jump

for the following donations:

**Axis Physical therapy,
JPI Engineering,
Advanced Imaging,
Van de Wetering Law Offices P.C.
Missoula Mavericks,
Missoula Pediatric Dentistry P.C.
Troy Shaw DMD M.S.
Scott Green DM DPC
Jon S Jones**

For Sale:

**Short handle single ropes \$5
Long Handle Ropes \$18
Double Dutch Ropes \$20**

If your jumper has left things in the gym, please check the Rattlesnake Lost and found.

Dates to Remember

**March 30th thru April 3rd NO
Practice Spring Break**

April

April 14th Tournament Team School Shows St Regis/ Superior
April 22nd Records Day
April 29th Awards/ Demo Day for Winter skill Building session End of Session

May

Continued Tournament Practice till After Nationals
May 2nd Tournament of Champions, Kirkland WA
May 12th No Practice
May 16th Tentative Spring Jump Rope Workshop at Schreiber Gym 9 till 1:30

May 22nd CS Porter CATCH program workshop for Instructors

June

June 11th No Tournament Practice
June 25th thru 28th USAJR National Competition

August

August 5th thru 9th USA Jump Rope Camp in Boise ID at Boise State University
Registration is thru USAJR or Call Karen Hay at 208-376-6317 or email at whjay@spro.net for questions.